

# San Juan Unified School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

CURBSIDE BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/01/2020									
CURBSIDE BREAKFAST	Total	100							
CS BREAKFAST PIZZA	1 EACH	100	210	350	9.0	27.0	7.0	2.00	0.00
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	100	60	5	0.0	15.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			400	515	20.00	58.00	9.50	3.50	0.00
% of Calories					20.0%	58.0%	21.4%	7.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Wed - 09/02/2020									
CURBSIDE BREAKFAST	Total	100							
CEREAL VARIETY	BOWL (2 OZ)	100	207	258	4.67	46.33	1.83	0.00	0.00
RAISINS, 0.5 CUP FRUIT	1 PACKAGE	100	114	4	1.17	30.09	0.17	0.02	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			451	422	16.84	92.42	4.50	1.52	0.00
% of Calories					14.9%	82.0%	9.0%	3.0%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Thu - 09/03/2020									
CURBSIDE BREAKFAST	Total	100							
CS PANCAKES,CNFETTI (KELLOGGS)	PACKAGE	100	220	300	4.0	36.0	7.0	1.00	0.00
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	100	60	5	0.0	16.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			410	465	15.00	68.00	9.50	2.50	0.00
% of Calories					14.6%	66.3%	20.9%	5.5%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Fri - 09/04/2020									
CURBSIDE BREAKFAST	Total	100							
CS PNCAKE ROLL UP TKY (F FRM)	2 EACH	100	400	620	14.0	34.0	20.0	5.00	0.00
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	100	60	5	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
**1-** Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			590	785	25.00	64.00	22.50	6.50	0.00
% of Calories					16.9%	43.4%	34.3%	9.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Tue - 09/08/2020									
CURBSIDE BREAKFAST	Total	100							
CS SCONE,BANANA/CHOC (FAT CAT)	1 EACH	100	252	190	3.7	30.2	8.2	2.80	0.00
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	100	60	5	0.0	16.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			442	355	14.70	62.20	10.70	4.30	0.00
% of Calories					13.3%	56.3%	21.8%	8.8%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Wed - 09/09/2020									
CURBSIDE BREAKFAST	Total	100							
CS FR TOAST STICKS	SVG (4 STICK	100	262	303	6.06	38.35	10.09	1.51	0.00
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	100	60	5	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			452	468	17.05	68.35	12.59	3.01	0.00
% of Calories					15.1%	60.4%	25.0%	6.0%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Thu - 09/10/2020									
CURBSIDE BREAKFAST	Total	100							
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	100	226	120	3.85	39.25	6.0	0.90	0.00
CS APPLESACE,CND,SWTND,WO/SALT	1/2 CUP	100	51	2	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			407	282	14.85	69.25	8.50	2.40	0.00
% of Calories					14.6%	68.1%	18.8%	5.3%	0.0%
Nutrient Guideline			450-500	540				<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/11/2020									
CURBSIDE BREAKFAST	Total	100							
CEREAL VARIETY	BOWL (2 OZ)	100	207	258	4.67	46.33	1.83	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			407	420	*16.61	80.11	*4.62	1.53	*0.00
% of Calories					*16.3%	78.8%	*10.2%	3.4%	*0.0%
Nutrient Guideline			450-500	540				<10.00	

Mon - 09/14/2020									
CURBSIDE BREAKFAST	Total	100							
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	100	226	120	3.85	39.25	6.0	0.90	0.00
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	100	60	5	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			416	285	14.85	69.25	8.50	2.40	0.00
% of Calories					14.3%	66.6%	18.4%	5.2%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Tue - 09/15/2020									
CURBSIDE BREAKFAST	Total	100							
CEREAL VARIETY	BOWL (2 OZ)	100	207	258	4.67	46.33	1.83	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			407	420	*16.61	80.11	*4.62	1.53	*0.00
% of Calories					*16.3%	78.8%	*10.2%	3.4%	*0.0%
Nutrient Guideline			450-500	540				<10.00	

Wed - 09/16/2020									
CURBSIDE BREAKFAST	Total	100							
CS FR TOAST STICKS	SVG (4 STICK	100	262	303	6.06	38.35	10.09	1.51	0.00
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	100	60	5	0.0	15.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			452	468	17.05	69.35	12.59	3.01	0.00
% of Calories					15.1%	61.3%	25.0%	6.0%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Thu - 09/17/2020									
CURBSIDE BREAKFAST	Total	100							
CS SCONE,BANANA/CHOC (FAT CAT)	1 EACH	100	252	190	3.7	30.2	8.2	2.80	0.00
CS APPLESACE,CND,SWTND,WO/SALT	1/2 CUP	100	51	2	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			433	352	14.70	60.20	10.70	4.30	0.00
% of Calories					13.6%	55.6%	22.2%	8.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Fri - 09/18/2020									
CURBSIDE BREAKFAST	Total	100							
CS WAFFLES,MINI MPLE(KELLOGGS)	PACKAGE	100	200	220	4.0	35.0	5.0	1.50	0.00
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	100	60	5	0.0	16.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			390	385	15.00	67.00	7.50	3.00	0.00
% of Calories					15.4%	68.7%	17.3%	6.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Mon - 09/21/2020									
CURBSIDE BREAKFAST	Total	100							
CS CINNAMON ROLL	1 EACH	100	230	340	6.0	39.0	7.0	2.00	0.00
CS APPLESACE,CND,SWTND,WO/SALT	1/2 CUP	100	51	2	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			411	502	17.00	69.00	9.50	3.50	0.00
% of Calories					16.5%	67.2%	20.8%	7.7%	0.0%
Nutrient Guideline			450-500	540				<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 09/22/2020									
CURBSIDE BREAKFAST	Total	100							
CS BREAKFAST PIZZA	1 EACH	100	210	350	9.0	27.0	7.0	2.00	0.00
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	100	60	5	0.0	15.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			400	515	20.00	58.00	9.50	3.50	0.00
% of Calories					20.0%	58.0%	21.4%	7.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Wed - 09/23/2020									
CURBSIDE BREAKFAST	Total	100							
CEREAL VARIETY	BOWL (2 OZ)	100	207	258	4.67	46.33	1.83	0.00	0.00
RAISINS, 0.5 CUP FRUIT	1 PACKAGE	100	114	4	1.17	30.09	0.17	0.02	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			451	422	16.84	92.42	4.50	1.52	0.00
% of Calories					14.9%	82.0%	9.0%	3.0%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Thu - 09/24/2020									
CURBSIDE BREAKFAST	Total	100							
CS PANCAKES,CNFETTI (KELLOGGS)	PACKAGE	100	220	300	4.0	36.0	7.0	1.00	0.00
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	100	60	5	0.0	16.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			410	465	15.00	68.00	9.50	2.50	0.00
% of Calories					14.6%	66.3%	20.9%	5.5%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Fri - 09/25/2020									
CURBSIDE BREAKFAST	Total	100							
CS PNCAKE ROLL UP TKY (F FRM)	2 EACH	100	400	620	14.0	34.0	20.0	5.00	0.00
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	100	60	5	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			590	785	25.00	64.00	22.50	6.50	0.00
% of Calories					16.9%	43.4%	34.3%	9.9%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Mon - 09/28/2020									
CURBSIDE BREAKFAST	Total	100							
CS CINNAMON CRUMBLE	4 OZ	100	341	351	6.02	53.19	13.05	1.50	0.00
CS FRUIT CKTL,CND,XTRA LT SYRP	1/2 CUP	100	60	5	0.0	15.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			531	516	17.02	84.19	15.54	3.00	0.00
% of Calories					12.8%	63.4%	26.3%	5.1%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Tue - 09/29/2020									
CURBSIDE BREAKFAST	Total	100							
CS SCONE,BANANA/CHOC (FAT CAT)	1 EACH	100	252	190	3.7	30.2	8.2	2.80	0.00
CS PEARS,CND,EXTRA LIGHT SYRUP	1/2 CUP	100	60	5	0.0	16.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			442	355	14.70	62.20	10.70	4.30	0.00
% of Calories					13.3%	56.3%	21.8%	8.8%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Wed - 09/30/2020									
CURBSIDE BREAKFAST	Total	100							
CS FR TOAST STICKS	SVG (4 STICK	100	262	303	6.06	38.35	10.09	1.51	0.00
CS PEACHES,CND,EXTRA LT SYRUP	1/2 CUP	100	60	5	0.0	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			452	468	17.05	68.35	12.59	3.01	0.00
% of Calories					15.1%	60.4%	25.0%	6.0%	0.0%
Nutrient Guideline			450-500	540				<10.00	

Weighted Average			445	460	*17.18 *15.4%	70.21 63.1%	*10.51 *21.3%	3.21 6.5%	*0.00 *0.0%
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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Nutrient</b>	<b>Menu AVG</b>	<b>% of Cals</b>	<b>Weekly Target</b>	<b>% of Target</b>	<b>Miss Data</b>	<b>Shortfall</b>	<b>Overage</b>	<b>Error Messages (if any)</b>	
Calories	445		450 - 500	99%		5		Correction Required - Calories are Low	
Sodium 1 (mg)	460		540						
Sodium 2 (mg)	460		485						
Protein (g)	17.18	15.45%			Missing				
Carbohydrate (g)	70.21	63.12%			Missing				
Total Fat (g)	10.51	21.25%			Missing				
Saturated Fat (g)	3.21	6.49%	<10.00%		Missing				
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing				

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